

**Exploration Group Trip to Historic Beipu Old Street**  
**Wednesday November 13, 2019**



A busy commercial area in the Qing Dynasty, Beipu has kept its authentic charm and unique style. It has the highest concentration of historic sites in Taiwan, with 7 in a short 200 meter walk. Beipu has a thriving Hakka culture and is an excellent place to see and experience Hakka architecture, culture and food.

We have two of the most experienced guides in the area, they will share what makes Beipu special, give us access to historic homes including the Jiang An-Sin Ancient House. We will visit the Buddhist Ci Tien Temple dedicated to the goddess Guanyin. These sites will show us life in the early part of the 20th century when Beipu was a thriving business area.

At the Shuijing Tea House we will learn to make the traditional Hakka lei tea. Lei Cha, or thunder tea, is an ancient Chinese drink which dates back thousands of years. Thunder refers to the intense hand grinding needed to produce the drink. Lei Cha was carried to Taiwan, Malaysia and Singapore by Hakka people when they emigrated from China. We will each take a turn to grind pumpkin seeds, peanuts, sesame, tea leaves and other ingredients into a delicious tea drink.

Our lunch will be at a traditional Hakka restaurant on the old street where we will share a delicious preselected lunch. Finally there will be time to explore the street, the shops, bakeries and tea shops before our bus leaves Beipu for Taipei at 2:30.

The cost for the bus, professional guides, museum admission, lei tea class, and lunch is NT\$1200.

We will meet at the corner of Dun Hua South Road and Chong Xiao East Road ((忠孝東路與敦化南路口) in front of the Shun Chen Bakery (順成麵包). The Bus will leave at 9:00 am for the drive to Beipu. Please plan to arrive between 8:45 and 8:55 for an on time departure.

Please understand our tour will be limited to 40 participants.

## EG 北埔老街巡禮

### 十一月十三日，星期三

北埔曾是清代繁忙的商業區，至今仍保有其魅力和獨特的風格。您或許不知道，它是台灣歷史古蹟最集中的地方，短短老街竟有7個保存良好的古蹟。北埔還擁有豐富的客家文化，是體驗客家建築，文化和美食的絕佳場所。我們邀請了兩位對當地客家文化有豐富經驗的文史工作者，他們將分享北埔的獨特之處，使我們能夠進入包括『姜阿新洋樓』，『金廣福公館』等在內的歷史古蹟。我們並將參觀供奉觀音的慈天宮。這些景點都是20世紀初期北埔蓬勃發展商業活動的活古蹟。

在水井茶館，我們將學習製作傳統的客家擂茶。擂茶是一種古老的中國茶飲，可以追溯到數千年前。「擂」是指研磨的動作所發出的聲響。把茶葉、花生、芝麻...等食材，放進「擂鉢」內用「擂棍」研磨成糊狀後，以沸水沖泡成養生的茶飲，香純濃郁。我們將DIY分組輪流將南瓜子，花生，芝麻，和茶葉研磨成可口的茶飲料，體驗擂茶的樂趣。

我們的午餐將在老街上的一家傳統客家餐廳用餐，餐後，將有時間探索老街商店，老字號糕餅鋪，和茶館，我們的巴士預計在下午2:30前離開北埔北返至原集合處。

費用包括：巴士，專業導覽，古蹟入場券，擂茶體驗和午餐的費用，共計\$1200元。

我們將在順成麵包（敦化南路與忠孝東路交匯處）集合，巴士將在上午9:00準時啟程前往北埔，請預留時間在8:45至8:55之間抵達，以便我們準時出發。

我們租用了一輛遊覽車，預計40人，額滿為止，歡迎您的參加！

Exploration Group  
Olivia, Alison and Carol