



## Exploration Group Trip to Beitou Tuesday January 22, 2019

Famous hot springs made Beitou a famous resort city during the Japanese occupation. The city of Beitou developed around its natural hot springs, as hotels, resorts, tea houses and public baths were developed to meet the demand for visitors. Today Beitou continues to draw visitors to the hot springs, and has become popular with tourists and residents alike.



Our next tour will be to Beitou, where we will visit the Hot Springs Resort, the former resort was built to model the Mount Izu Hot Spring Bath in Japan. The beautiful structure has both Japanese and Roman features including stained glass windows and a wooden second floor.

Next to the museum is the Beitou Branch of the Taipei Public Library, and impressive design gave it the distinction of being the first building in Taiwan to receive a diamond rating under the EEWB certificate rating. It minimizes its impact on the environment and uses solar panels and large windows to harvest the sun. An energy efficient cooling system uses minimal energy to cool. We will see a video, tour the building and learn more about this unique architectural building.

Finally, we will walk to see the natural hot springs from a platform. Here we can see the steam rising over the beautiful hot spring water. Watching these unique springs, it is easy to see how the city prospered around these natural springs.

We will walk 15 to 20 minutes toward the MRT station and the Peng Lai restaurant where we have selected a set lunch menu.

Our tour ends after lunch, but you may want to stay on and visit other museums all within a short walking distance of the Beitou MRT station.

There is no cost for the tour. We will meet at the New Beitou MRT station at 9:30 am. This tour will be a walking tour as we explore the museums. Wear comfortable walking shoes, and be prepared for all kinds of weather. Please note this tour is on a Tuesday, as the Library is not available for a tour on Wednesday.

Cost for lunch is NT\$600. Please confirm your attendance for the tour and the lunch by January 15.

Warm regards,  
Olivia, Carol and Alison

新年快樂！

在台北陰雨綿綿的天氣中度過了2019的新年假期，讓我們為你一掃陰霾，帶來新年EG的第一個活動，『北投溫泉鄉之旅』。此次的活動將帶大家探索北投的三處最著名的景點：『北投圖書館』，『溫泉博物館』及『地熱谷』。



首站來到台北市立圖書館北投分館，這是台灣首座綠建築圖書館，座落於林木茂密，生態環境豐富的北投公園內，室內書香，戶外鳥語，相映成趣，閱讀成了一件愜意、享受的活動。圖書館的屋頂為輕質生態屋頂，設有太陽能光電板發電，綠化屋頂及斜坡草坡設計可涵養水分自然排水至雨水回收槽，再利用回收水澆灌植栽及沖水馬桶，達到綠化與減少水資源的浪費。

溫泉博物館其前身是北投溫泉公共浴場，仿照日本靜岡縣伊豆山溫泉的方式，興建了這座公共溫泉浴場，可說是北投溫泉發展史上極重要的代表性建築。由於當時的日本受西風影響甚大，因此這一座溫泉浴場採東洋和西洋混合的建築形式，大門口的圓柱是希臘式的多里克柱式，一樓的大浴場，鑲嵌著天鵝圖案的彩繪玻璃，還有半圓形拱窗，具有濃厚的英國鄉村別墅風格。

地熱谷是北投溫泉的源頭之一，這裡的溫泉是大屯山火山群內水溫最高的溫泉，水溫可高達80-100度，硫磺煙霧瀰漫的景色，如夢似幻，有如仙境一般。

探索北投最好的方式就是『徒步』，慢慢的體會出這溫泉之鄉的濃濃古意。午餐我們選擇的是北投著名的酒家菜，『蓬萊餐廳』，這家蓬萊與天母的米其林金蓬萊系出同門，價格上卻非常親民，且風味卻豪不遜色。此次活動不收費用，若您參加午餐，一人酌收\$600。

為配合北投圖書館的館內例行時間，我們將異於以往的定在星期二，一月二十二日早上9:30集合於新北投捷運站出口，我們將有專業的導覽老師，全程陪同參觀所有的景點。提醒您，此次活動全程是用走路的方式，請衡量您的體力是否可以漫步一個早上？但是，不必過度擔心，沿途綠樹林茵，美不勝收，相信一定令您不虛此行！

請在1/15前報名並請告知您是否參加午餐，歡迎您的參加，我們期待與您一同探索北投。